

## WELLSPRING BODY MIND THERAPY

### Services & Prices

#### **Therapeutic Massage**

Relaxation, or Deep Tissue massage customized to each client's needs. For relief of stress, addressing chronic muscular conditions, or improving muscle tone & flexibility.

#### **Relaxation**

60 Minutes	\$80
90 Minutes	\$110

#### **Deep Tissue**

60 Minutes	\$90
90 Minutes	\$130

#### **Aromatherapy Massage**

Relaxation massage using essential oils to detoxify, de-stress & relax your body. You select the oil, we add just a few drops to our massage oil, & you keep the rest.

60 Minutes	\$90
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#### **Reflexology**

Focused energy trigger point therapy for the hands & feet. An ancient oriental therapy used to stimulate all your organ systems.

30 Minutes	\$60
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#### **Stone Massage**

Massaged with heated lava stones, the heat penetrates muscles and promotes relaxation, circulation, and the elimination of toxins .

90 Minutes	\$150
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#### **Massage To Go**

For house parties or special occasions. Our therapists come to you! Advanced booking & non-refundable deposit required. (For groups of 3 or more) Additional travel premium may apply, not available in all areas.

\$110 Per Hour (per guest)
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#### **Couples Events @ Your Location**

Also new to the Cape – couples have found that a gift of massage for each other is a great way to celebrate a special date, anniversary, birthday, Valentines Day, other special occasion.

- Additional slight cost for Aroma Therapy, Reflexology
- Hot-Stone massage can also be arranged
- Pricing depends on the customized service based on the logistics of the equipment required
- 1 Couple (1 hour each) - \$250 - Plus a travel premium **GIFT CERTIFICATES AVAILABLE**