

WELLSPRING BODY MIND THERAPY

Services & Prices

Therapeutic Massage

Relaxation, Swedish, Sports or Deep Tissue massage customized to each client's needs. For relief of stress, addressing chronic muscular conditions, or improving muscle tone & flexibility.

60 Minutes \$80
90 Minutes \$110

Aromatherapy Massage

Relaxation massage using essential oils to detoxify, de-stress & relax your body. You select the oil, we add just a few drops to our massage oil, & you keep the rest.

60 Minutes \$90

Reflexology

Focused energy trigger point therapy for the hands & feet. An ancient oriental therapy used to stimulate all your organ systems.

30 Minutes \$50

Stone Massage

Massaged with heated lava stones, the heat penetrates muscles and promotes relaxation, circulation, and the elimination of toxins .

90 Minutes \$140

Massage To Go

For house parties or special occasions. Our therapists come to you! Advanced booking & non-refundable deposit required. (For groups of 3 or more) Additional travel premium may apply, not available in all areas.

\$110 Per Hour
(per guest)

Couples Events @ Your Location

Also new to the Cape – couples have found that a gift of massage for each other is a great way to celebrate a special date, anniversary, birthday, Valentines Day, other special occasion.

- Additional slight cost for Aroma Therapy, Reflexology
- Hot-Stone massage can also be arranged
- Pricing depends on the customized service based on the logistics of the equipment required
- 1 Couple (1 hour each) - \$250
- Plus a travel premium

GIFT CERTIFICATES AVAILABLE